

****Moxi Laser (Fraxel)** or ****Clear and Brilliant** treatments, including pre- and post-treatment care:****

Moxi Laser (Fraxel) or Clear and Brilliant Treatment Overview

Moxi and Clear and Brilliant are non-ablative laser treatments designed to rejuvenate the skin by stimulating collagen production and promoting cell turnover. These treatments are suitable for all skin types and are used to address issues like fine lines, uneven texture, pigmentation, and early signs of aging.

****Moxi Laser**** is a slightly stronger version compared to ****Clear and Brilliant****, making it ideal for patients looking for a more intensive treatment but with minimal downtime. Clear and Brilliant is often referred to as the “starter laser,” ideal for younger individuals or those seeking gentle skin refreshment.

Pre-Treatment Instructions:

1. ****Avoid Sun Exposure:**** Avoid tanning or prolonged sun exposure for at least two weeks before your treatment. Wear sunscreen (SPF 30 or higher) daily.
2. ****Discontinue Certain Products:**** Stop using retinoids, exfoliants, and other harsh skincare products a week prior to your session.
3. ****Hydrate:**** Ensure your skin is well-hydrated before treatment by drinking water and using a gentle moisturizer.
4. ****Arrive with a Clean Face:**** No makeup, lotions, or sunscreen should be on the skin at the time of treatment.

Post-Treatment Care:

1. ****Soothe and Hydrate:**** Apply gentle, hydrating serums and creams (like those containing hyaluronic acid) to keep the skin moisturized. Avoid harsh products for 5-7 days.
2. ****Avoid Heat:**** Avoid activities like saunas, hot showers, and vigorous exercise that may increase skin temperature for the first 24-48 hours.
3. ****Sun Protection:**** Apply broad-spectrum sunscreen (SPF 30 or higher) religiously and avoid direct sun exposure, as your skin will be more sensitive post-treatment.
4. ****Mild Flaking and Redness:**** Some redness, mild flaking, or dryness is common. Avoid picking or exfoliating the skin as it heals naturally over the next 5-7 days.
5. ****Makeup:**** Wait 24-48 hours before applying makeup or any other heavy products to the treated area.

Results typically start to show within a few weeks, with skin becoming smoother and more radiant as new cells regenerate. For optimal results, multiple sessions may be recommended depending on individual skin needs.